

## IDENTIFYING VALUES

Values are foundational beliefs that anchor our lives, the things that matter to us the most, the nonnegotiable characteristics that best describe who we are. Look over the following list and circle the words or phrases that best illustrate your values. If you have values not on the list, add your values in the spaces provided. Try to circle no more than twelve to fifteen words. The words in the resulting list are the values that best describe you, even though there may be others that apply as well. (The words and phrases below are not listed in any special order of importance.)

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|------------------------------------|-----------------|
| Accomplishment                     | Efficiency      |
| Affirmation                        | Elegance        |
| Ambition                           | Encouragement   |
| Beauty                             | Enlightenment   |
| Being in control                   | Excellence      |
| Caution                            | Faithfulness    |
| Career                             | Family          |
| Collaboration                      | Forgiveness     |
| Community                          | Forward-looking |
| Compassion                         | Freedom         |
| Competence                         | Frugality       |
| Competition                        | Fulfillment     |
| Consistency with biblical teaching | Fun             |
| Creativity                         | Gentleness      |
| Determination                      | Genuineness     |
| Diligence                          | Good taste      |